

**March 2015**

**Issue 72**

# **The Link**



**The magazine for the linked congregations and  
communities of the**

**West Kirk of Calder and Polbeth Harwood.**

**[www.west-kirk-polbeth-harwood.co.uk](http://www.west-kirk-polbeth-harwood.co.uk)**

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# From our minister

8 Manse Court

East Calder

EH53 0HF

March 2015

Dear Congregations

February was our Stewardship month, where we focused on time. Now we find ourselves in Lent, the time we use to reflect on the meaning of Jesus' suffering, his death on the cross, and then ultimately his resurrection.

What does Lent mean for you?

To me it's a time of walking in Jesus' footsteps, of trying to imagine what He's been through for me, for all of us...

On the way to Calvary the cross Jesus had to carry was too heavy for him, literally (Luke 23:26-43).

The soldiers had to summon someone else to carry it for him. And I think that that was almost the least of his troubles!

Because the emotional cross he had to bear – the realization that his own people didn't understand his message; that they would rather see him die on a cross than change their lives; open their eyes and see the bigger picture – *that* must have been much worse than trying to physically carry a heavy wooden cross with a broken body. *That* must have broken his heart.

Luckily Simon from Cyrene was there to carry Jesus' cross up the hill for him.

Simon was at the right place, at the right time.

I am sure that it was all part of God's plan.

He still does it today. He sends people into our lives, on our paths, to be our Simons, helping us to carry our burdens through life.

But He also sends us to be Simons for others, to help them carry their burdens.

The fact that we sometimes have to bear crosses, whether this be our own or that of others, shouldn't ever make us feel hopeless, because although bearing that cross was really hard for Jesus to do, it was also the thing that led to our salvation.

May walking in Jesus' footsteps this Lent help you to see your own life in perspective, and may God help you to realise that sometimes, even in carrying a cross, there is a blessing.

Nanda

Mathematical Equation for Christians

$$1 \text{ cross} + 3 \text{ nails} = 4 \text{ given}$$



## **To an Early Snowdrop**

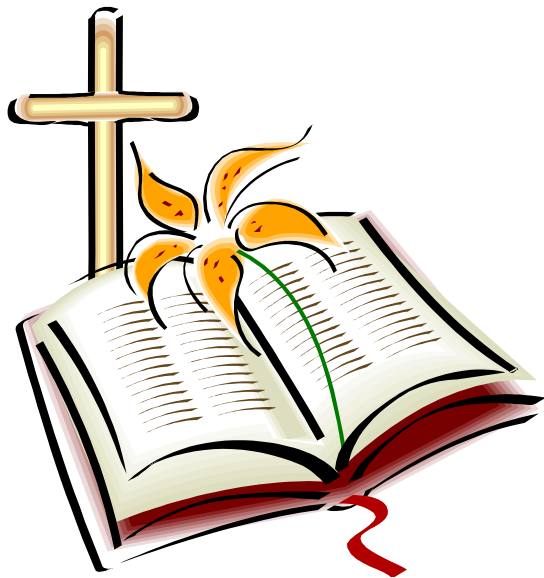
How amazing to see you  
Ahead of your hour  
Using your strength  
To reveal a small flower.

Like a pure white pearl  
Amid emerald blades  
Your head peeps through  
Winter's harsh shades.

A courageous act  
Pushing through frozen earth  
To show me your beauty,  
To reveal your true worth.

Stand tall and proud,  
Delight me with your charm;  
For the merest sight of you  
Makes my heart calm.

Paul Holmes



# **'Beyond the Kirk Walls' Service**

LENT  2015

**The informal service  
of hymns, prayer and meditation  
will be held on**

**Sunday 8th March  
at 3.00pm**

**Dickson Court**

**Anyone is welcome to attend!**

**The April service will be held  
at Stewart Court  
on Thursday 9th April  
at 10.00am**

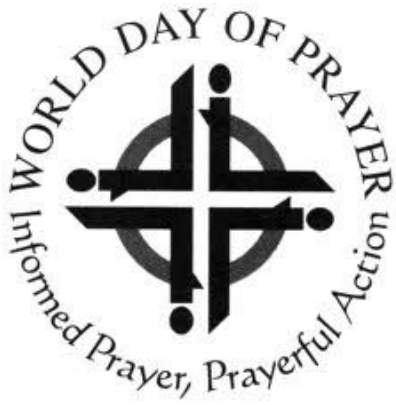
## Anne Frank- 70<sup>th</sup> anniversary of her death

Many people think of Anne Frank as a Dutch girl, but she was born – and died – in Germany. This month marks the 70<sup>th</sup> anniversary of her death – only nine months after she recorded the final entry in her diary while hiding from the Nazis in a secret annex in Amsterdam, which had become her home town after her Jewish family had fled the Nazis.

Her full name was Annelies Marie Frank, and that last entry in the diary given to her by her father was made on 1<sup>st</sup> August, 1944. She was 15 years old. Three days later her hiding place was raided following a tip-off. She and her family were taken to Auschwitz concentration camp. Anne and her sister were later transferred to Bergen-Belsen, where they died of typhus.

Their father Otto, a former German soldier and businessman, the only member of his family to survive the death camps, was deeply moved when he discovered what his daughter had written. He arranged for parts of it to be published - now known universally as *The Diary of Anne Frank*. It has been filmed many times, adapted for the stage and translated into many languages, telling the inspiring story of how eight people survived the Nazi occupation of Amsterdam by living for over two years in a dark, concealed part of Otto's company building, protected and fed by – among others – two Christians who ran the company on the owner's behalf.

Throughout the diary runs a thread of faith, hope and love, tinged with despair. A fortnight before she was captured, the teenager wrote: "I feel the suffering of millions. And yet, when I look up at the sky, I somehow feel that everything will change for the better, that this cruelty too shall end, that peace and tranquility will return."



# **World Day of Prayer**

## **Friday 6th March**

### **2015**

This year's material has been prepared by the women of the Bahamas, and, in addition to the usual hymns, prayers and readings, includes a small drama.

Representatives from all the Christian denominations in West Calder and Polbeth participate in the service, which is organised alternately by our two congregations.

Although those taking part have always been women, everyone in the community is welcome to come along to the services, and who knows, one of these years there may be men taking part as well!

Local services will be held at

**Stewart Court at 2pm**

**Polbeth Harwood Church at 7pm**

*EVERYONE IS WELCOME!*





# NEW YOUTH GROUP



**FOR S1-S6**



Where: *West Kirk of Calder*

When: *Starting on 27<sup>th</sup> February 2015*

What time: **7-9 p.m.**

What activities: Launch - Games night, with other activities like trips, movies, meals etc. in future weeks

How often: *2<sup>nd</sup> and 4<sup>th</sup> Fridays of each month starting 27<sup>th</sup> February 2015.*

13th March: A night at the Movies

*27th March: A Movable Feast*



More information: Check our website

www.west-[kirk-polbeth-harwood.co.uk](http://www.west-kirk-polbeth-harwood.co.uk)

facebook page or phone 01506 870931

LENT  2015

## **Holy Week Activities**

### **Thursday 2nd April 7pm**

Communion service at Polbeth Harwood, followed by a Pot Luck Supper.

### **Friday 3rd April 7pm**

Service at the West Kirk marking Good Friday



**7am**

**Sunday 5th April**

Ecumenical Sunrise Service,  
when we join in a short worship  
to celebrate Easter morning in  
the auld kirk yard, West Calder

Followed by a communal breakfast at  
Limefield United Free Church  
kindly served, this year, by the members of Limefield.

### **Sunday 5th April 9.45am and 11.15am**

Morning worship at both congregations to celebrate Easter

*Happy Easter!*

# Bible Blether



- Have you ever seen Hebrew writing?
- Would you know how to read it?
- Did you know the old Testament was written originally in Hebrew over many centuries in time—and the New Testament in Greek?
- Would you like to guess at the variety of nations, cultures, and customs contained in the Bible?
- Have you ever wondered why the books of the Bible are in the order they are?
- Would you like to find out the real grit of stories in the Bible? As about 95% of people could not read or write, stories were spread by word of mouth and only the 'bare bones' were written down.

Nanda will unfold all sorts of interesting and intriguing information at these very informal chats.

**The next blether will be  
held on Thursday 19th March  
at Polbeth Harwood Church at 8pm**



## Sunday Club Update:

The leaders, friends and children will be hosting the

**March Candy Bar on March 7<sup>th</sup>.**

*(Coffee morning followed by lunch)* This is very much a family event and I do hope you can come along and join us.

Tea & coffee will be served from 10 - 11:40am, and as the adults enjoy a cuppa, the kids can enjoy getting temporary tattoos, nails painted, decorating cakes at pocket money prices. Lunch will then be served at noon. Hope you can join us!

**Sunday March 15<sup>th</sup>** - Mothering Sunday, the children will meet at 9:45am in the hall. They will have a wee sweet treat for all at the end of the service.

**Sunday March 29<sup>th</sup>**, Palm Sunday, when our children will be taking part in the service.

Then Sunday Club will be on holiday on April 5<sup>th</sup> (Easter Sunday) & 12<sup>th</sup> inclusive. Please note children are always welcome in church during holidays.

Planning holidays?

Don't miss out on this summer's "Holiday Club" Monday August 3<sup>rd</sup> - Friday 7<sup>th</sup>.

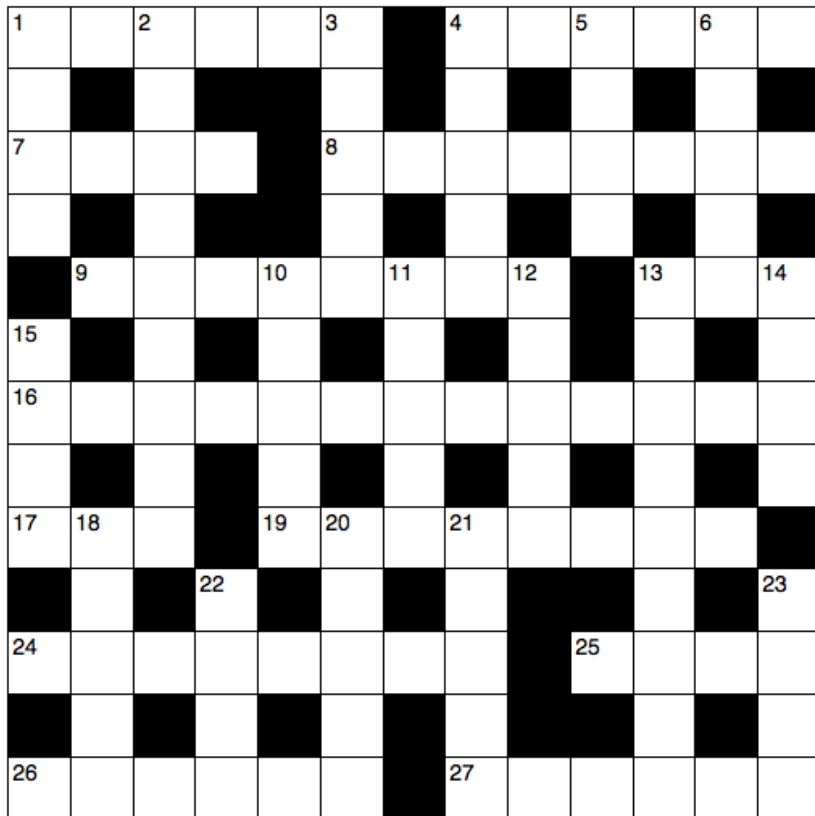
Are you interested in helping in any way?

Please contact Lorna for more information.



Add some colour for Mum





# Crossword

# March

## Across

- 1 The earth is one (6)
- 4 'On a hill far away stood an old — cross' (6)
- 7 'I am the — vine and my Father is the gardener' (John 15:1) (4)
- 8 The Caesar who was Roman Emperor at the time of Jesus' birth (Luke 2:1) (8)
- 9 'Your — should be the same as that of Christ Jesus'(Philippians 2:5) (8)
- 13 Jesus said that no one would put a lighted lamp under this(Luke 8:16) (3)
- 16 Involvement (1 Corinthians 10:16) (13)
- 17 Armed conflict (2 Chronicles 15:19) (3)
- 19 Where the Gaderene pigs were feeding (Mark 5:11) (8)
- 24 What jeering youths called Elisha on the road to Bethel (2 Kings 2:23) (8)
- 25The Venerable —, eighth-century Jarrow ecclesiastical scholar (4)
- 26 8 Across issued a decree that this should take place (Luke 2:1) 6)

27 Come into prominence (Deuteronomy 13:13) (6)

## Down

1 Where some of the seed scattered by the sower fell (Matthew 13:4) (4)

2 Sexually immoral person whom God will judge (Hebrews 13:4) (9)

3 Gospel leaflet (5)

4 Physical state of the boy brought to Jesus for healing (Mark 9:18)

5 Tugs (anag.) (4)

6 To put forth (5)

10 Nationality associated with St Patrick (5)

11 Leader of the descendants of Kohath (1 Chronicles 15:5) (5)

12 'After this, his brother came out, with his hand grasping — heel' (Genesis 25:26) (5)

13 At Dothan the Lord struck the Arameans with — at Elisha's request (2 Kings 6:18) (9)

14 'Peter, before the cock crows today, you will — three times that you know me' (Luke 22:34) (4)

15 Spit out (Psalm 59:7) (4)

18 'When I — , I am still with you' (Psalm 139:18) (5)

20 Concepts (Acts 17:20) (5)

21 Thyatira's dealer in purple cloth (Acts 16:14) (5)

22 Does (anag.) (4)

23 The second set of seven cows in Pharaoh's dream were this (Genesis 41:19) (4)

# St Cuthbert

In March, events are held on the 1st and 17th respectively to celebrate both St David and St Patrick but a lesser known date of 20th March marks St Cuthbert's day.

Cuthbert of Lindisfarne (c 634-87) has long been northern England's favourite saint and his name is familiar too in the south east of Scotland. It is easy to see why: Cuthbert loved God with all his heart, and loved others as himself. By all accounts, he was holy, humble, peaceable, prayerful, faithful in friendship, charming and really kind.

Cuthbert was born into a fairly well-off Anglo-Saxon family, and became a monk at Melrose in 651. He and another monk, Eata, were sent to start a monastery at Ripon, Yorkshire, but Alcfrith, who owned the land, insisted that they adopt the Roman customs, which Cuthbert's Celtic church did not allow. So Cuthbert and Eata quietly returned to Melrose, where Cuthbert became prior in about 661. Then came the Synod of Whitby in 663/4, and the Celtic Church formally decided to adopt the Roman Customs. After this, Cuthbert was sent to the island of Lindisfarne (Holy Island), off the Northumberland coast as prior, where he sensitively introduced the new ways, and won over the monks there.

Cuthbert was very much loved at Lindisfarne. His zeal was evident in his constant preaching, teaching, and visiting of the people. He was also said to have gifts of prophecy and healing.



Occasionally, Cuthbert reached 'people overload'.

Then he would retreat to the tiny nearby islet of Inner Farne, where he could pray in total seclusion.

When, to his horror, he was told he had been made Bishop of Hexham, he immediately 'swapped' sees with Eata, and stayed put at Lindisfarne as Bishop. Sadly, Cuthbert died on Inner Farne, only two years later, on 20 March, 687.

Cuthbert was buried at Lindisfarne, but that is not the end of his story. For it was only now that his travels began.

After the Vikings destroyed Lindisfarne in 875, several monks dug up his body and set out to find Cuthbert a final, and safe, resting place. Shortly after leaving the island, it is said they stopped by trees at a secluded sandstone overhang between Fenwick and Belford in Northumberland known as St Cuthbert's Cave. For the next 120 years Cuthbert was deposited in various monasteries around the north of England and southwest Scotland.

Finally, in 999, Cuthbert was allowed to rest in Durham, where a Saxon church was built over his shrine.

All that travel must have done him good; when his body was exhumed to be put into the new Norman Cathedral in Durham in 1104, it was said to be still in perfect tact, and 'incorrupt'.

St Cuthbert's Cross





Our minister is really cool,  
Dad!

Did you know that God  
EMAILED the  
10 Commandments to  
Moses' tablet computer?

## **Minister's Office Hours: 10.30am – 12 noon**

**March 2015**

**Tuesday 3<sup>rd</sup>**

**Polbeth Harwood**

**Wednesday 11<sup>th</sup>**

**West Kirk**

**Tuesday 17<sup>th</sup>**

**Polbeth Harwood**

**Wednesday 25<sup>th</sup>**

**West Kirk**

**April 2015**

**Tuesday 21<sup>st</sup>**

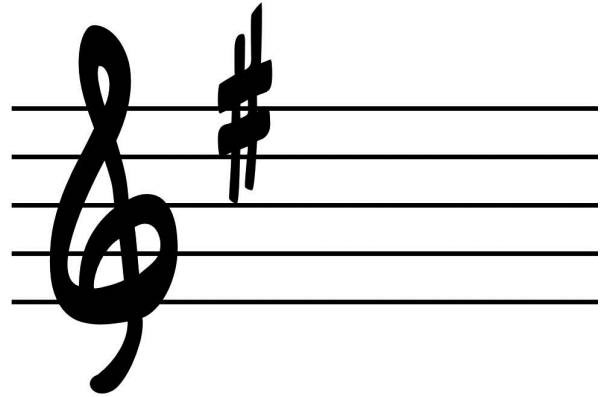
**Polbeth Harwood**

**Wednesday 29<sup>th</sup>**

**West Kirk**

If, due to funerals, the minister is unavailable, a member from the church will be there to pass on any enquiries or requests to her.

# ***Effie's Concert***



My annual concert takes  
place

in the **West Kirk** on  
**Saturday 18th April**  
**at 7.30pm.**

It will feature the Garrowhill Singers and my ceilidh band.

Tickets cost (again!) **£5**,  
with half the proceeds going to the West Kirk and half to  
various charities.

Each year, I have been able to give £500 to the church,  
and charities such as Cancer Research, Mary's meals,  
Glasgow Senior Citizens Choir and some care homes  
have received donations from the concerts.

So I hope you will come to the concert this year and tell  
your friends it.

There will be a variety of music to suit all tastes.

Thank you for your support in past years -

I hope to see you on 18th April.

*Bill Russell*

# Trade Craft Night 31<sup>st</sup> January 2015

Well where do I begin ..... I was asked to put together a piece to tell you all about my little fundraiser.

The idea to host a trade craft night at Polbeth Harwood Church came up a few months ago as our JAM Club room needs an upgrade and the Board gave approval. After several months of planning, the event was fast approaching and the first thing on the agenda was to advertise the event and attract traders. Facebook proved an excellent platform for this and once a couple of traders 'liked' the page the rest followed. It wasn't long before all the tables were taken. The event was advertised on West Lothian council events website; Forth One events; posters throughout the area; and a banner for outside the church which took several hours sitting on the floor painting it on a Sunday afternoon (who says it's a day of rest !)

Our tables were kindly supplied by Polbeth Village Hall and thanks go to Derek Cairns for his help.

After what seemed like months of planning, the day arrived and to say that I was a bit hyper and a bit nervous was a little of an understatement but with the support of family and friends it wasn't long before we were getting things underway. In the main hall, I took the idea from the likes of IKEA where the tables were set out in a fashion that controlled the flow of the 'traffic' and this went down well with the traders and ensured that all the crafts were being seen.

Present were Pampered Chef, Phoenix Cards, Isobel Handknitted Goods, hair accessories, Scentsy, Jewellery, Keepsake Angels, 2<sup>nd</sup> hand shop, Handbags, Purses, Sisterly Treats, Cosmetics, Beauty Within and Little Whispers.

The nearly new shop was opened for business by Carol & Grace and two special young ladies Kennedy & Brooke, both aged 8, were selling kids goods belonging to Kennedy who had originally wanted to donate to the raffle but they were persuaded to take a stall instead. Bless the little sweethearts as they handed over £10 for their table and bought raffle tickets with the money they made. So proud of them both.

We had a great raffle with over 40 prizes donated and all beautifully wrapped up by my lovely mother Sandra McCabe.

The final destination was the canteen where there was a magnificent buffet and beautiful selection of cakes including some amazing shortbread hats, chocolate cake handbags, truffles, perkin biscuits and cupcakes (my favourite, yeah diet right out the window) all supplied by Jenna Snape. And to wash it all down either a wee glass of wine, a tea, coffee or soft drinks.

I could not have done this on the day without the help of Cath Meikle, Dawn Robertson and Elaine McGuire who slaved away in the kitchen all day and night. Carol & Grace for their help and Gail Nelson on the raffles, my son Dylan who provided the muscle and of course Sandra McCabe, Marian Kinsman & Sandra Dixon.

It was a long day but I am really pleased with how the event went and I think it was a success. There has been a lot of positive feedback from both traders and people who attended.

The end result was £700 raised and I am hoping that word will spread on how good it was, so we can hit the £1000 the next time!!



I just need a few months to recover from this one!!

*Astrid McKirdy*

# West Kirk Fundraising Group



The recently formed Congregational Board must be thanked for running a very successful Candy Bar in February. All those who supported and helped raised the excellent total of £762. A great start to fundraising activities in 2015.

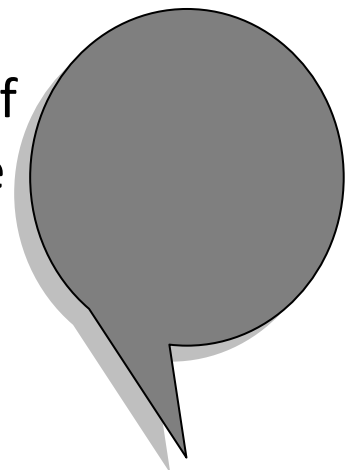
The March event on Saturday 7th will be run by the Sunday Club followed by the Guild on 28th March. This would normally be on the first Saturday of April but due to Easter falling that weekend we have had to change the date to the Saturday before. Everything else remains as usual, so do come along on the 28th for a browse round the stalls and to enjoy some home cooking.

We look forward to seeing you there!

*Jill Murray (Convener)*

## Contribution deadline for the next issue.....

All contributions for the **April** edition of the magazine should be submitted to the editor, preferably by email, **before 26th March 2015**



# TOTAL BRASS



If you missed the concert late last year by this award winning brass quintet, one of whose founders is our own Ross Learmonth,



now is your opportunity to get tickets for their next appearance at the school's spring brass band concert being held for all the brass band kids

**at James Young High School  
on Monday, 16 March at 7pm.**

Tickets are £8 and £5 and his Mum, Val, and Lorna should have some available. It will be a popular evening, so getting tickets beforehand might be a good idea.



This month - on the 15th, actually - is the thirtieth anniversary of the very first registered .com domain name.

The cultural revolution has been swift and overwhelming. All our lives (whether we like it or not) are now lived in the light of the mighty .com. Nothing works (planes, trains, the electricity, the supermarkets, banks and trading) without it, and those 'domain names' are now part of most people's everyday lives.

And all in 30 years!



## **Bluegrass Gospel Concert**

in aid of the Oldeani Project.

Strathbrock supporting Kirk of Calder's  
partnership with the Vine Trust

**Strathbrock Church Hall, Uphall,**

**Saturday March 14<sup>th</sup> 2015 7.30pm**

**(Doors open 7pm)**

Top Scottish act the Mairs Family Band

Supported by local band Albakirkie.

Bluegrass music originated from Kentucky but has its roots  
in Scottish, Irish and Appalachian music.

The Mairs Family Band is a well-established Bluegrass  
Gospel band from Rutherglen. Alan Mairs plays fiddle,  
mandolin and guitar. His wife Louise plays guitar, double  
bass and resophonic guitar (dobro). Daughter Hazel plays  
double bass and mandolin.

There will be an interval with refreshments - tea, coffee,  
juice and home-baking - and a chance to find out more  
about the project. Finish 9.30pm

For tickets £5, concession £4, and enquiries:

call Strathbrock Church Office,

tel 856433 (Mon-Fri am). Email: [strathbrock@tiscali.co.uk](mailto:strathbrock@tiscali.co.uk)

There is limited parking at the church hall or park in the  
village and walk up the Ecclesmachan Road..



Retiring collections to support this partnership project with the Vine Trust have been held after the West Kirk services in February as part the Stewardship campaign.

To date £248.83 has been raised.

Polbeth Harwood have similarly been donating to Jak's Den, a fund in memory of Jak Trueman, to help create a special area for teenage cancer sufferers.

## **Parish Record**

### ***Deaths***

***Jesus said "I am the resurrection and the life."***

2nd Feb—Jak Trueman, Maryfield Park, Mid Calder

4th Feb—Robert Sneddon, Burngrange Cottages, West Calder

5th Feb—Hettie Speirs, Peacock Nursing Home, Livingston

6th Feb—George Purse, Jubilee Avenue, deans, Livingston

***To all who have lost a loved one we extend our sincere sympathies and prayer***

*Father,*

*Teach us in simple trust*

*to rest on your unchanging love*

*and find courage and strength*

*for each day as it comes.*

*Amen.*

*Frank Colquhoun*

# Events: April

|          |      |                                      |                 |         |
|----------|------|--------------------------------------|-----------------|---------|
| Thursday | 2nd  | Parkhead Primary End of term Service | West Kirk       | 9.15am  |
| Thursday | 2nd  | Maundy Thursday Communion & Supper   | Polbeth Harwood | 7.00pm  |
| Friday   | 3rd  | Good Friday Service                  | West Kirk       | 7.00pm  |
| Sunday   | 5th  | Ecumenical Sunrise Service           | Auld Kirk       | 7.00am  |
|          | 5th  | Easter Morning Worship               | West Kirk       | 9.45am  |
|          |      |                                      | Polbeth Harwood | 11.15am |
| Thursday | 8th  | 'Beyond the Kirk Walls'              | Stewart Court   | 10.00am |
| Thursday | 23rd | Special Board Meeting                | West Kirk       | 7.30pm  |

## Noah had problems too!

When Noah sailed the waters blue,  
he had his troubles same as you.

For forty days he drove  
the Ark  
before he found a place  
to park!



## Events: March

|           |      |  |                                  |                   |
|-----------|------|--|----------------------------------|-------------------|
| Sunday    | 1st  | Communion, followed<br>by Soup + Snack Lunch | West Kirk<br>Polbeth Harwood     | 9.45am<br>11.15am |
| Monday    | 2nd  | Guild  | West Kirk                        | 7.30pm            |
| Thursday  | 5th  | Session Meeting                              | West Kirk                        | 7.30pm            |
| Friday    | 6th  | World Day of Prayer                          | Stewart Court<br>Polbeth Harwood | 2.00pm<br>7.00pm  |
| Saturday  | 7th  | Candy Bar                                    | West Kirk                        | 10.00am           |
| Sunday    | 8th  | 'Beyond the Kirk Walls'                      | Dickson Court                    | 3.00pm            |
| Wednesday | 11th | Board & Session                              | Polbeth Harwood                  | 7.00pm            |
| Friday    | 13th | Youth Club                                   | West Kirk                        | 7.00pm            |
| Saturday  | 14th | Holiday Club Training                        | Davidson Mains                   | 9.45am            |
| Sunday    | 15th | Annual Stated Meeting                        | West Kirk                        | 10.30am           |
| Thursday  | 19th | Bible Blether                                | West Kirk                        | 8.00pm            |
| Sunday    | 22nd | Annual Stated Meeting                        | Polbeth Harwood                  | 12.00             |
| Tuesday   | 24th | Emmaus Group                                 | 19Learmonth Cres                 | 7.30pm            |
| Friday    | 27th | Youth Club                                   | West Kirk                        | 7.00pm            |
| Saturday  | 28th | Candy Bar                                    | West Kirk                        | 10.00am           |
| Saturday  | 28th | Thrift Shop                                  | Polbeth Harwood                  | 10.30am           |

The important thing about your lot in life  
is whether you use it for building or parking.

# Church Calendar

## Weekly Events

|                  |                        |                 |         |
|------------------|------------------------|-----------------|---------|
| <b>Sunday</b>    | Morning Worship        | West Kirk       | 9.45am  |
|                  |                        | Polbeth Harwood | 11.15am |
|                  | Sunday Club            | West Kirk Hall  | 9.45am  |
|                  | JAM Club               | Polbeth Harwood | 11.15am |
| <b>Monday</b>    | Beavers                | West Kirk Hall  | 6.00pm  |
| <b>Tuesday</b>   | Craft Club             | West Kirk Hall  | 10.00am |
|                  | Babies' Painting Class | Polbeth Harwood | 10.00am |
|                  | Minister's Office      | Polbeth Harwood | 10.30am |
|                  | 1st & 3rd weeks        |                 |         |
|                  | Star Harmonies         | Polbeth Harwood | 5.30pm  |
|                  | Bridge Club            | West Kirk Hall  | 7.00pm  |
|                  | WRI Handcrafts         | Polbeth Harwood | 7.00pm  |
|                  |                        |                 |         |
| <b>Wednesday</b> | Calder Kids            | West Kirk Hall  | 9.30am  |
|                  | Minister's Office      | West Kirk       | 10.30am |
|                  | 2nd & 4th weeks        |                 |         |
|                  | Dance Class            | Polbeth Harwood | 5.00pm  |
|                  | Cubs                   | West Kirk Hall  | 6.15pm  |
|                  | Strategy Games         | West Kirk Hall  | 8.00pm  |
|                  |                        |                 |         |
| <b>Thursday</b>  | Rainbows               | Polbeth Harwood | 5.15pm  |
|                  | Scouts                 | West Kirk Hall  | 6.30pm  |
|                  | Slimming World         | Polbeth Harwood | 7.30pm  |